

**PARTICIPATE
SWEAT
JOIN
HELP
A VET
SPONSOR
CONTRIBUTE
INSPIRE
SUPPORT
2011 THANKS**

SWEAT-a-thons

2011



SWEAT for a VET 2011 will continue building on the goals and success of last year's inclusive fitness fundraising event to benefit wounded warriors. We need your help to make this 2nd annual event a success, with **more club participation and inspiration** in order to purchase equipment across a much larger area and for a broader range of VA hospitals, military recreational programs and other facilities serving and supporting disabled veterans -- providing them with resources to continue their physical training as well as expand their vocational options.

Hold a SWEAT for a VET – SWEAT-a-thon at your club



Sign up now and join this inspiring global event with your club's own SWEAT-a-thon. We'll be streaming live to locations around the world. Offer your members a unique and uplifting experience and the opportunity to learn about inclusive fitness while supporting a great cause.

- ✓ **Inspiring "Ride" with Johnny G**
- ✓ **Unique fun Program for your members**
- ✓ **Media visibility now, throughout the year**
- ✓ **Help disabled Vets – socially responsible**

For more information and to register your club to join:
Contact **Debbie Miller** at +1 301 873-0038 or
Debbie@ProjectVisAbility.org

SWEAT for a VET 2011

DATE: Saturday November 12, 2011
TIME: 9:30AM – 12:30PM EST
PLACE: Tysons Sport & Health
and your club!



**Special Guest
Johnny G**

*Plus gold-star
instructors:*
**Mike Michels
Ayla Donlin
Rohan Murphy
Michael Paul**



See SWEAT 2010 highlights:
www.sweatforavet.org

Hosted by:
Project VisAbility sport&health
No Limitations. Only Opportunities.